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THURSDAY, JUNE 26, 2014

## Convocation

Mom & kids graduate from Niagara College  
Page 2

## Lotto winner

The million dollar man  
Page 5

## Fundraiser

Helping women one text at a time  
Page 7

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WIND TURBINES: Wainfleet construction halted by court order

## Skydive club appealing tribunal ruling

GREG FURMINGER  
Inport News Staff

Construction of Wainfleet Wind Energy turbines has been halted by a court order as Skydive Burnaby appeals the May ruling of Ontario's environmental review tribunal, which dismissed its concerns about safety to its nearby parachutists.

Tara Pitt, who co-owns the skydiving club with husband Mike, said Ontario Divisional Court has granted an injunction prohibiting Wainfleet Wind Energy from any further work on the remainder

of its five-turbine project in the Concession 1 area pending the appeal.

The injunction that went into effect this month applies only to the two unfinished turbines some 1.5 kilometres west of Skydive Burnaby on land owned by the Loeffen family, a partner in the wind energy company with Rankin Construction.

Tom Rankin said last Tuesday there remains little left to do to complete those two turbines on Station Rd., and tie them in to three other finished Vestas V100-1.8MW turbines that have

yet to be put into energy production.

"I should be operating now," Rankin said.

The Pitts filed to have their case heard by the environmental review tribunal in October 2013 over concerns their business established in 1948 and its skydiving clients would be at risk by the 95-metre-tall turbines. Three weeks of hearings took place over January and February and subsequent conference calls with involved parties in March and April.

See COURT ORDER on Page 6



BEHND FRANKS/STAFF PHOTO

Work has been halted on Wainfleet Wind Energy's final two turbines. Skydive Burnaby has appealed Ontario's environmental review tribunal ruling that dismissed its argument that the turbines will pose a danger to its parachutists.

HometownRealEstateGuy.com

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# UPFRONT

■ **CONVOCATION:** Port Colborne family attended school together

## Mom, three kids graduate from Niagara College

DAN DAKIN  
QMI Agency Niagara

When Daniel Burke is called onto the stage at Niagara College's spring convocation last Wednesday, his proud mother will be very close by cheering him on. She'll be right next to him, actually.

The 20-year-old Burke and his 55-year-old mother, Mary, will both graduate from the college's social service worker program in a ceremony at the school's Niagara-on-the-Lake campus.

Even more remarkable, two more of Mary Burke's children — 22-year-old Matt and 24-year-old Allison — will also graduate from Niagara College, in convocation ceremonies Thursday.

The fact that three of her five kids are graduating in the same year is remarkable on its own. At one point, all five of the Port Colborne family's kids were attending Oakwood elementary school at the same time. They all went on to graduate from Port Colborne High School.

It was just coincidence the timing worked out for Daniel, Matt, Allison and their mother to all graduate this week.

Daniel took the two-year social service worker along with Mary. Matt took a two-year home renovation and construction program and Allison a one-year pre-community services program.

For Mary, the decision to go back to school was more than three decades in the making.

Born in Kenmore, N.Y., she graduated from high school and then from a two-year computer programming course in Buffalo in 1981.

"It wasn't my choice, it was my parents'," said Mary of her father's college experience.



Mary Burke and three of her children are all graduating from Niagara College this week. Pictured from left are Daniel, Mary, Matt and Allison.

She then moved to Port Colborne, got married and was a full-time mom to her five kids.

"I think there was always that longing to do something else. I loved having my kids and going through that ... but there was always something there. I was looking for something else, but I didn't quite know what."

After her marriage ended in 2007, Mary turned her atten-

tion to helping family members struggling with mental health issues.

When she decided to register for Niagara College in spring 2012, the social service worker program was an obvious choice.

"My interests lie in mental health, addiction and domestic violence," she said.

She said her initial fears of being the only mature student quickly vanished.

"There were a lot of people in their 30s and 40s in there," she said. "I made friends, it was great. It wasn't anywhere near as terrifying as I thought it would be."

Niagara College said 4% of its student population in 2013-14 was over age 40 and 1% was 50 or older.

While Mary started at Niagara, her son Daniel joined the same program the following term.

"I thought it would have been a bit weird, but it actually worked out really well," he said. "My friends teased me about it a bit, but they all wanted to meet her. She was famous in my class."

The two collaborated on group projects and pushed each other, competing for grades along the way.

"It wasn't that big of a deal at the start, until she started bragging about her good

grades," he said. "I wanted to beat her."

Every test became a competition.

Daniel won a few battles along the way, but Mary won the war by finishing with a 91% average compared to her son's 88%.

"If anything, I think it bonded us closer together," Mary said.

While Matt has already found construction work, Mary, Daniel and Allison are continuing their post-secondary educations this year. Mary is starting the bachelor of social work program at the University of Waterloo. She knows Wednesday will be one of those unforgettable moments in her life.

"It's going to be a lot better than it was when I graduated (in 1991), in the fact I have a sense of direction," she said. "It's going to be a good day. The fact that I'm doing it with my son makes it even better."

"While we know there are many families with multiple Niagara College graduates, it is certainly unique and exciting to see four members of the same family graduate this week," said Niagara College president Dan Patterson. "We wish (them) all the best as they pursue their careers or the next phase of their educational pathway."

Mary's children couldn't be more proud.

"Considering her past history and everything she's been through ... I'm very proud. It shows you can do a lot in your life, even if you think it's too late," said Daniel.

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# Kids are awesome

REV. THOMAS P. RARTH

First Evangelical Lutheran Church

I think throughout history the younger generation has had a bad rap.

There are definite differences between kids' and their parents' and their grandparents' generations. I consider myself young at heart but I have to admit that I certainly notice the differences between my styles, my likes and dislikes, and some of my attitudes, and those of my children. But while those differences exist, I try my hardest not to be critical of the younger generation just because they're not like me and my generation.

But there will always be those who are ready to criticize and compare. "How can they call that music?" "Why can't they wear proper clothes?" "How can they walk around with their pants hanging down so low? You can see most of their underwear hanging out the back." "Kids these days have no respect for their elders." "My goodness, how many more places will they find to pierce?"

When I was a teenager we had our own

styles too. My parents' and grandparents' generations thought we were weird, too. My teen years were in the 1980s when punk rock and new wave were popular musical genres with their styles of clothing and corresponding hair styles. It's partly because I remember those years that I try not to be critical of younger generations.

More than just memories of my own youth, I think kids are awesome because of things I see in them. A couple of months ago I saw Welland Centennial Secondary School's production of *West Side Story*. I am a little biased because my son was in the cast but I was so impressed with the talent of those high school kids. I'm also aware of the many hours, weeks, and months of work they put in learning and rehearsing their parts. There was real dedication from those young women and men.

I also see the character of today's youth people is on Thursday evenings at youth group. Since September I've been part of leading a joint youth group with First

Lutheran and St. James and St. Brendan Anglican churches. I've come to know some of the kids from my church better and some of the kids from the other church too. I've learned that these kids are caring and friendly and not the self-absorbed individuals that the younger generation are so often made out to be.

Then, a couple of weeks ago, our church was visited by a group of 26 youths and their leaders from a Methodist church in Georgia. They shared their talents with us, playing their hand bells, singing, and performing a drama. They did the same for the residents at the Portal Village Retirement Home. The incredible thing was, when they were sightseeing at Niagara Falls, they met a woman who was dying from cancer. She was there with her husband crossing another item off her bucket list. Well, those kids paused from their day of sightseeing to sing for that woman. That showed me that there are young people these days who have character.

It's not about their clothes or their hair

styles or their piercings. The saying holds true that it's what's inside that counts. I guess there are differences between generations but I don't think we can make judgments about whether one is good or bad or better or worse. I do believe that God continues to be at work in our world. The Holy Spirit continues to inspire. The prophet Joel had this message from God: "I will pour out my spirit on all flesh; your sons and your daughters shall prophesy, your old men shall dream dreams, and your young men shall see visions" (Joel 2:28).

God is up to something in our world, always has been, always will be. Some people might not want to call it God's action and they're free to call it what they will. I'm a person of faith who believes that God has a hand in what's going on. And from what I've seen lately there's no one generation that has a lock on the good that God might do through them. The more time I spend with the younger crowd the more I realize, kids are awesome. Praise the Lord.

## Shipwrecks: Themistocles

SKIP GILLHAM  
For PelhamNews

**T**hemistocles was a Liberty ship from the Second World War.

The vessel had been built at Savannah, Ga., as *Francis S. Bartow* in 1944 and immediately loaned to the government of Greece to help that nation's battered maritime fleet.

Renamed *Themistocles*, it provided general cargo and bulk service under that flag for 27 years.

It seemed to have trouble with its propellers. One fell off while the ship was 800 km east of Florida in September 1946.

The replacement is also on the bottom of the Atlantic Ocean from another incident in December 1947 while the ship was on a voyage from Helsinki, Finland, to Key West, Fla. That propeller was also replaced. It was still in use when *Themistocles* made its way through the St. Lawrence Seaway in 1961 and 1962. The third prop was still attached when the ship arrived for scrapping at Whampoa, China, in February 1971.



Themistocles.

PHOTO: JOHN WHITEHEAD COURTESY JIM BARTHE AND RENE BEAUCHAMP

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# LOCAL NEWS



Jim Wesley of Fonthill poses with his \$1-million prize at the OLG claim office in Toronto.

SUPPLIED PHOTO

## The million-dollar man

QMI Agency Niagara  
A Fonthill senior is \$1 million richer after winning on a June 11 Lotto 6/49 ticket. James Wesley's numbers came up for the 6/49 draw's Guaranteed \$1 Million Prize.  
He purchased his winning ticket at the

Haist St. Avondale in Fonthill, according to a release from Ontario Lottery and Gaming. Lotto 6/49 includes its Guaranteed \$1 Million Prize Draw with every regular draw. There have been 95 of those draws to date, with 46 of the winning tickets sold in Ontario.

## Just When You Think There isn't Anything That Will Ever Help with Your Upset Digestive System...

Do you know the expression - you are what you eat? It's because your digestive system plays such a vital role in helping you stay healthy. Or in many cases - not. Poor digestion adversely affects your health in so many different and unhealthy ways.



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Over 80 million people in North America suffer from poor digestive health. It is one of the most common and 'preventable' health concerns.

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# LOCAL NEWS

■ **INTERNATIONAL COMPETITION:** Hundreds more needed for Niagara events

## Wanted: Pan Am volunteers

**DON FRASER**  
(M) Agency Niagara

For Gabriela Hernandez, this volunteer experience could rival the thrill of competition.

Giving time to help next year's Pan Am/Parapan Am Games is an exciting proposition for Hernandez, a St. Catharines resident and international student from Mexico.

The 22-year-old is preparing to volunteer for the rowing matches to be held on Martin's Pond.

"You're going to meet people from different countries, and all the athletes," she said. "You may even meet someone who could help you in the future to find a job."

"And you'll get all this experience by having fun with people," she said. "You'll also be part of something much bigger and greater than yourself ... it's very, very special."

Meanwhile, Toronto 2015 Pan Am is looking for others like Hernandez to work as volunteers for its Golden Horse-shoe competitions.

Rowing events take place at the Royal Canadian Henley Rowing Centre in Port Dalhousie, and the paddling and kayaking at the Welland International Flatwater Centre.

For the Niagara rowing and canoeing/kayaking competitions, the halfway mark has been passed for recruiting 1,000 volunteers for the July 10 to 26 main event and Aug. 7 to 15 Parapan Am Games.

"We want to over-fill our demand for volunteers," says Toronto 2015's CEO Saad Rafi. "Over a year, people's lives change, cir-

cumstances change, so sometimes people drop out."

Volunteers can register at [www.toronto2015.org/volunteer](http://www.toronto2015.org/volunteer) in an initial process that takes 20 minutes or so.

Rafi said there are a number of volunteer roles to fill, from ticket takers, ushers and transportation services to anti-doping volunteers. For a typical volunteer, games organizers are asking for 12 shifts over 18 days.

In one example, a rowing event might be a four-day regatta with three training days, so 12 shifts might not be required.

Six shifts over eight days is the normal commitment for a Parapan event, for athletes with physical disabilities.

All told, 20,000 to 25,000 volunteers will be needed across a swath of locations from Oshawa

to Welland. About 6,000 athletes alone are expected for the Pan Am and 1,600 for Parapan.

Volunteers must be at least 16 years old and organizers are keen on people highlighting their abilities in English, French and Spanish.

"We'll also be asking folks, do you want to volunteer in the area where you have expertise," Rafi said. For instance, a nurse might be asked to assist at medical facilities, but wouldn't be limited to that.

"Depending on what you're applying for, we'll put a higher touch or not in the interview process and (checking) qualifications," he added.

Initial interviews will start in a week, with volunteer training to take place at a later date.

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Twitter @don\_standard

■ **COURT ORDER**

## Review of condition set for Friday

**From Page 1**

In his 87-page decision handed down in May, tribunal vice-chair Dirk VanderBent said the Pitts did not provide sufficient evidence to suggest its skydivers will be seriously harmed by collision with the wind turbines or interaction with their turbulence waves.

Skydive Burnaby's next recourse was to file an appeal with Ontario's Divisional Court, which is responsible for hearing appeals from administrative tribunals. Appeals are normally heard by three Super-

ior Court justices.

The Pitts' lawyer, Eric Gillespie, said the injunction imposed by the court came with two conditions: that a hearing date be set in August — since set for the 18th and 19th; and that the Pitts give an undertaking to pay Wainfleet Wind Energy damages if their appeal is unsuccessful.

Gillespie said the undertaking will be challenged at a court review this Friday.

[greg.lunnings@sunmedia.ca](mailto:greg.lunnings@sunmedia.ca)  
Twitter: @GregAtTheLib

— THE —

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# LOCAL NEWS

■ **FUNDRAISER:** Campaign encourages random acts of kindness

## Helping women one text at a time

MARYANNE FIRTH  
QMI Agency/Niagara

Take five minutes, spend \$5 and grab five friends.

That's all it takes to make a difference in the lives of local women.

Through the 5, 5, 5 Campaign launched by Women's Place of South Niagara, people can use their cell-phones to contribute \$5 to the organization while also challenging others to do the same.

After making a donation by texting LOVE to 20222, donors are asked to pay their own kind gesture forward on behalf of the agency by doing something nice for others.

They are then asked to nominate five people to do

the same.

The campaign's intention is to not only raise awareness and much-needed funds for Women's Place, but to also "change the face of our community to reflect our vision — a community where women and children live free from violence and abuse," said executive director Ruthann Brown.

"This campaign can empower participants to make a collective impact and effect change."

The agency is on a tight budget and has limited funds for marketing, which made social media a "great avenue for people to learn about us in the community," said development manager Haley Bateman.

Despite being in the fifth year of a funding freeze, demand for services at Women's Place continues to increase.

In 2013, the organization had 359 women and children stay in its shelters, up from 286 in 2012.

"We've had to serve all these extra clients with no extra money," Bateman said.

"It has been challenging, but this campaign will hopefully help."

Some people don't have the financial means to make "what they think is an impactful donation," Bateman said, while adding those few dollars can add up to a world of difference.

"If you can afford to go

without that \$5 treat for the day, together we can all make an impact."

Funds raised through the initiative will support maintenance of the agency's shelters in Welland and Niagara Falls.

Though shelters are only operated in the two municipalities, Women's Place provides support and services for women and children in need across the region's southern tier.

Bateman is hopeful the campaign will continue to gather momentum throughout the summer with kind acts spreading through the region.

"We want to be attached to a positive movement," she said.



MARYANNE FIRTH / STAFF PHOTO

Women's Place of South Niagara development manager Haley Bateman prepares to donate to the organization's recently launched 5, 5, 5 Campaign.

ensPlaceSN.

For more information, visit [www.no-more-excuses.ca](http://www.no-more-excuses.ca).

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# LOCAL NEWS

■ **AIR INDIA FLIGHT 182:** Who planted the explosive remains a mystery

## Wife mourns husband lost in bombing attack

**ALISON LANGLEY**  
MI Agency Niagara

It was a suggestion that Ann Venketeswaran has regretted for the past 29 years.

Her husband, Trichur Krishnan, hadn't been back to his native India in more than 10 years and with a family wedding on the horizon, Ann suggested he take a trip to attend the nuptials.

On June 23, 1985, her husband, known to everyone as T.K., bade farewell to Ann and their two children at Pearson International Airport.

"The family had no idea it would be the last time they would see each other."

Later that day, a bomb exploded on Air India Flight 182. The plane crashed into the Atlantic Ocean off the coast of Cork Island in Ireland. All 329 people on board, including 45-year-old T.K., were killed. His body was never recovered.

Twenty-nine years later, the Air India bombing remains the

worst terrorist attack in Canadian history.

"The terrorists have never been found, prosecuted or punished," Ann said in an interview in the two-bedroom apartment she shares with her son.

The Venketeswaran family had enjoyed an idyllic existence before that awful June day.

Ann, a registered nurse in Welland, met T.K. at a friend's birthday party in 1964. He was one of 30 young men who had been sent to Canada from India to learn about the steel industry.

They struck up a conversation and Ann offered to show T.K. around the region. T.K.'s studies later sent him to Norway and Sweden, and then back to India. The couple wrote to each other every three to five days.

He returned to Canada, and the two were married in 1966. Ann was 29, T.K. was 26.

A daughter, Esther, was born

In 1970 and their son David followed 14 months later.

"We were very happy family," Ann recalled.

She described her husband as a "principled, decisive man" who was a loving and patient father and husband.

"I was the serious one, but my husband was kind of a joker," she said with a smile.

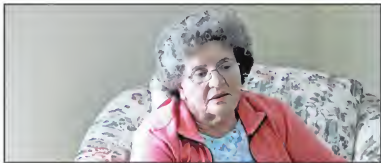
The family lived in Montreal for several years before returning to Niagara and settling in Beamsville.

Life was good.

A family photo album depicts scenes of a typical Canadian family — children in front of a Christmas tree, and a father enjoying a snowy winter day with his son.

One photograph was taken in mid-June 1985, of a smiling T.K., accompanied by his children. He's standing behind a bona voyage cake to celebrate not only Father's Day, but also his upcoming trip to India.

It is one of the last photo-



MIMI ORBATISTA / MI AGENCY NIAGARA

The Air India bombing remains the worst terrorist attack in Canadian history. Twenty-nine years later, Ann Venketeswaran, left, talks about that day, and the loss of her husband Trichur Krishnan, who was on that doomed flight.

graphs ever taken of T.K. T.K. was one of eight Niagara residents killed on the flight. While a plot was believed to be behind the attack, no one has ever been convicted of being directly involved with the bombing.

Ann, 76, credits her faith with helping her deal with her

grief, but admits every day is a struggle. The loss of their father has had a deep emotional impact on her two children. She said it's hard to believe 29 years have passed since she lost her husband to terrorism.

"There are times that the tears come over me like a

wave, and I just have to sit and let it happen," she said. "No one has found out — with all the investigations — who did it, and why they did it. All those people who were murdered ... who did it?"

alison.langley@sunmedia.ca  
Twitter: @fallstangley

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**9:00am - 9:30pm** - RunFEST Expo (Niagara Square), Number Pickup and Race Registration (excluding Marathon) unless sold out.

**9:30pm** - RunFEST 5K/10K/15K/20K/25K/30K/35K/40K/45K/50K/55K/60K/65K/70K/75K/80K/85K/90K/95K/100K (Greg French Theatre, U2 Tribute Band, John Martyn & Laura Secord's and After Party)

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# LOCAL NEWS

■ **CIRCLE NIAGARA:** Two-day event supports Welland Heritage Council and Multicultural Centre programs

## Riders, bands and multiculturalism

**GREG FURMINGER**  
(QMI Agency Niagara)

There was plenty of eye-candy for motorcycle enthusiasts at the Niagara Regional Exhibition grounds on the weekend.

Choppers, bobbers, vintage bikes and plenty of glittering chrome and masterful paint jobs.

They caught the attention of people who don't ride, too, when Welland Heritage Council and Multicultural Centre and Quinn Custom Motorcycles teamed up to present the first Circle Niagara Motorcycle Bike Run.

It was just what Pelham's Ced Dixon needed to make for an enjoyable day on the open road.

"My wife saw it on the Internet (Friday), so I figured I'd go just for something to do," he said.

Dixon, who is 53, has

been riding since he was 19, including the 1986 Honda sportbike he bought new and had ready for the road this weekend.

Proceeds from the run were earmarked for the multicultural centre's emergency shelter costs and its Employment Solutions youth programs. The goal was to raise at least \$5,000 to help offset a loss in federal funding.

"We had about a hundred riders, which is pretty good for a first-time event," said Claire Masswohl, the multicultural centre's executive director.

Few motorcyclists registered in advance, instead waiting until the last minute to ensure there'd be sunny skies, she said.

Riders left the Niagara St. fairgrounds in the morning, headed to Niagara-on-the-

Lake Golf Club, made their way to the Palmwood Hotel in Crystal Beach, then headed back to Welland.

Quinn Camp said it was an enjoyable ride, not too hot.

"We had a good turnout of riders," he said. "It was a long stretch of us down the 406."

The two-day event featured the Saturday ride,

and on both days vendors and local musicians.

"The bands were fantastic," Masswohl said, adding there are plans to renew the event next year, but possibly shift the organized ride to a Sunday.

greg.furminger@sunmedia.ca  
Twitter: @GregAtTheRb



GREG FURMINGER/STAFF PHOTO

Sweet rides attract attention at Niagara Regional Exhibition grounds in Welland during the weekend-long Circle Niagara Motorcycle Bike Run, staged in support of programs offered by Welland Heritage Council and Multicultural Centre.

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**MONTHLY FEATURE**

# LOCAL NEWS

## HEALTH CARE

# Political rivals focus on hospital preservation

ALLAN BENNER  
QMI Agency Niagara

With the negative campaigning and attack ads of the provincial election behind them, Cindy Forster and Frank Campion are ready to bury the hatchet and turn their combined attention to one common cause — the hospital.

"I have thick skin," Forster said laughing, referring to the mud-slinging in the campaigns of her political rivals. "You develop thick skin over 20 years (in politics)." Forster, Welland's newly re-elected MPP, said both Campion — a Ward 2 Welland councilor who represented the Progressive Conservatives in the provincial election — and Liberal candi-

date Benoit Mercier told her they are "prepared to continue to work with me to make sure we keep our hospital here in south Niagara."

But regardless of their efforts, Niagara Health System is pressing on with planning for a new hospital in Niagara Falls to replace all existing sites in south Niagara, said NHS spokesman Brady Wood.

The provincial election was called just days before Forster was scheduled to introduce a private member's motion at Queen's Park, calling for the retention of the Welland hospital along with urgent care centres in Port Colborne and Fort Erie.

Now with the election behind

her, Forster said she still plans to introduce that motion as soon as possible, but will have to resubmit her request to enter her motion.

"As soon as (her opportunity) actually comes forward I will be moving with that again, and doing some more community work as well to make sure the government gets the message that people in south Niagara want to preserve their hospital and health services here," Forster said.

Campion, chairman of the city's health-care committee, said he too is prepared to work with Forster and others to pressure the Liberal government to retain the local hospital.

"Politics is politics, and of course we have a mission as far as saving our hospital as well as other things," he said.

"As far as I'm concerned, we're right back to working together. I'm hoping she can work with us to make sure that we get our message to Queen's Park, if there's anyone at Queen's Park left that wants to listen. The Liberal government was not paying any attention to us before, so now that they have a majority, we'll have to see where it goes from there."

Despite the majority government, Forster said Premier Kathleen Wynne is on record saying she's going to work with the other parties regardless of whether she has a majority or minority government.

"We'll stay tuned to see if that actually happens."

Considering the limited funding available, Campion said he's skeptical about the controversial plan to close the older exist-

ing hospitals and replace them with a new one located in Niagara Falls.

"I don't know where they're going to

find the money No. 1, and that was always our concern that they really don't have the money to proceed," he said. "I'm hoping Cindy, being at Queen's Park can help us assess what's going on and make sure that we move forward to protect our hospital."

Wood, the NHS' chief communications and external relations officer, said the health system is "very much continuing to move forward with the existing plan, unless we hear otherwise from (the provincial government)."

"We're really cognizant about people in the community having anxiety," he said, adding the hospital administration is aware of concerns about distance issues, or the loss that the Welland hospital closure represents to the community.

"The plan won't alter, but we want to understand and help mitigate the things that people are upset and worried about," he added.

But "preserving the status quo in health care is just never a good idea."

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# OCA NEWS

## ANIMALS

# Tiger dies at Safari Niagara during school trip

TONY RICCIUTO  
QMI Agency Niagara

It's unfortunate that a Siberian tiger named Sassy died Thursday at Safari Niagara while the park was open and young school children were present, but it's a part of life, general manager Tim Tykolis said.

Sassy, who was about 16 years old, had been battling an age-related illness, osteoarthritis — a degenerative, bone-grinding arthritis — and park officials had been monitoring her condition over the last six months.

Crissy Schneider of Grimsby said her five-year-old son, Jackson, was at the park with her husband, Derek, when the incident happened and it was quite upsetting. Her son attends Our Lady of Fatima school.

Safari Niagara is a 60-hectare, privately-owned and operated nature park. It is located in Stevensville and is home to more than 750 animals of native and exotic mammals, reptiles and birds.

Tykolis said Sassy was about eight weeks of age when they got her, several years before the park opened in 2002. She was an Amur tiger, but most people will be more familiar with the name Siberian tiger.

"It's the whole circle of life, it happens to animals and to all of us, we live our lives and we pass," said Tykolis. "It's just unfortunate that it happened when people were in the park. We had been watching her closely and because of her age and condition she had been slowing down. It's a part of

life and we are going to miss her greatly."

The park will be planting a tree in her honour on World Animal Day in the fall.

Once park officials were notified of the incident, their senior animal care manager attended to assess the situation and the area was sealed off and she was removed from that location.

Sassy was kept with another

tiger, a male named Rasha, and they have been together about three years.

"It's going to be tough on Rasha and we will have to find him another mate. That could take a bit of time to find him the right mate," said Tykolis.

He noted that people who have season passes get to know many of their animals and miss them when something like this

happens. And, that also goes for their staff who have contact with them on a daily basis.

"There were a lot of people who were saddened by her passing and have given their condolences," said Tykolis, who also sent out a notice to their staff and have reported the dead on their Facebook page.

tony.ricciuto@summedia.ca



SUPPLIED PHOTO

Sassy, a Siberian (Amur) Tiger, at Safari Niagara in Stevensville, died last Thursday. She had been battling age-related illnesses.

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**IMPORT-NEWS**



# LOCAL NEWS

■ INVESTORS BILKED OUT OF \$4.4 MILLION

## Niagara residents arrested in fraud probe

ALISON LANGLEY  
QMI Agency Niagara

Police say a multimillion-dollar scam that bilked international investors out of \$4.4 million has strong ties to Niagara.

According to the RCMP, investors were told that a biomedical company was going to open a number of clinics after they had developed an early stage breast cancer infrared detection system that had received approval from the U.S.

Food and Drug Administration.

Police say the medical technology had not been approved and none of the investors' money went towards opening any clinics or purchasing any equipment.

"The RCMP is committed to bringing to justice those who seek to defraud investors through elaborate schemes," said RCMP Insp. Ann Koenig.

"Ensuring Canada's economic integrity continues to be a priority for the RCMP."

The RCMP launched an investigation into the matter after receiving information of a possible investment fraud from the Ontario Securities Commission.

The investigation revealed that between 2003 and 2006, more than 150 investors from the U.S. and the United Kingdom were enticed to invest by purchasing shares of a company called PrimeQuest Biosciences, which was operated by Ivan Cavric, 54, of Welland.

Detection Clinics.

Police say the company, formerly known as Discovery Biosciences, was operated by Ivan Cavric, 54, of Welland.

According to several online profiles for Cavric, he is the president and managing director of PrimeQuest Capital Corp.

PrimeQuest is described as a "virtual venture capital corporation with the capability of acting as an incubator for new ideas and start up ventures."

He is also listed as an ordained minister and author and president of the Global Forex Association.

Charged last Thursday with various offences including fraud over \$5,000

and money laundering is Cavric; Joanne Woodcroft, 49, and Tabitha Dempsey, 31, both of Niagara Falls; Americo Derosa, 58, of Niagara-on-the-Lake; Terri Costiff, 42, of Thorold; Joanne Laprise, 53, and Katherine Bassi, 64, both of Welland; Elwood Henkle, 64, and Sandra Landsman, 71, last known addresses in Pefferlaw, Ont.; Sharon Finestone, 65, of Jackson's Point, Ont.; and Frederick Kimber, 55, of Hagersville, Ont.

A number of people were arrested this week and arrest warrants have been issued for Derosa, Henkle, Johanson and Landsman.

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### Menu of drugs seized in Ridgeway

Police recovered prescription medication, prescription patches, crack cocaine, cocaine and ketamine in Fort Erie Friday as a result of an investigation into drug trafficking.

Niagara Regional Police focused their investigation on the neighbourhood of Ridge Rd. N. and Cutler St. in Ridgeway. Steven Schaubel, 34, is charged with four counts of possession for the purpose of trafficking and single counts of possession of proceeds of crime under \$5,000 and failing to comply with a probation order.



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■ **WELLAND ROSE FESTIVAL:** Young anglers lured to flatwater centre

# Fishing derby has kids hooked

**GREG FURMINGER**  
QMI Agency Niagara

Fishing always reads in 12-year-old Brendan Gingras.

"It's fun. It teaches me a little patience — and I get to spend time with my family."

His comments pretty much summed up the philosophy

behind Welland Rose Festival's children's fishing derby, which Saturday morning lured dozens of people to Welland International Flatwater Centre.

Brendan's grandfather, Fred Cowell, said the boy who found himself reeling in sunfish and bass couldn't wait to get to the fishing hole before his younger

siblings arrived.

"He woke up at five after seven and he was disappointed he wasn't there yet," he said with a smile.

The children's derby ran 7 a.m. to noon. Prizes were offered to the kids who caught the most fish in varying age groups.

Judy Gingras said the festival

derby has been a longstanding tradition in her family.

"We've been coming out for about 25 years — when the kids were little and now with the grandchildren."

While most participants looking for a good fishing spot were hooked by the flatwater centre's floating docks, non-motorized craft were made available for the first time.

But a dock was a perfect place to roam — and feed from a box of Timbits — for five-year-old Connor McLaughlin.

He was brought to the event by his

uncle, Charlie Zarb, and his seven-year-old cousin Emma.

"It was Father's Day last weekend and we missed (activities in) Port Colborne, so we figured we'd come out here today," Zarb said.

Emma, who had plenty of luck reeling in sunfish, wouldn't have it any other way Saturday morning.

"It's fun," she said. "The worst part is you have to wait for the fish."

greg.furminger@smmedia.ca  
Twitter: @GregAtTheIrb

The weather was perfect for the

## 22<sup>nd</sup> Annual

**444 Walleye Tournament held in Port Colborne, on Friday June 20, Saturday June 21 and Sunday June 22 hosted by the Port Colborne & District Conservation Club. Weigh ins were held at HH Knoll Park and included a camping area as well as food and beverage area.**



**Kathy McQuire on the stage with volunteers at the 22nd Annual Budweiser 444 Walleye Tournament**

### • SATURDAY BIG FISH

1st Team 3- Dave Cronier - 11.18 lbs  
2nd Team 18- Roger Voorhies - 10.00 lbs  
3rd Team 76- Brian Rankin - 9.96 lbs

### • SUNDAY BIG FISH

1st Team 43- David deLeeuw - 11.28 lbs  
2nd Team 66- Brad Boyko - 10.49 lbs  
3rd Team 82- Popeye Philbrick - 10.12 lbs

### • SMALL BOAT BONUS

Team 43 - David deLeeuw  
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Team 69- Taylor Buck - 9.07 lbs

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### • BIG FISH FRIDAY RESULTS

1st Team 83- Ty Richardson - 9.99 lbs  
2nd Team 61- Dale MacDonald - 9.93 lbs  
3rd Team 40- Bert Mink - 9.53 lbs

## 22nd Annual 444 Walleye Tournament Results

1st Team 75- Jeff Bogner 65.04 lbs 1 MORE Grand title  
2nd Team 37- Ed Neudorf 64.46 lbs Walfrind  
3rd Team 48- Paul Earl Jr. 63.41 lbs Port Colborne  
4th Team 46- Chuck Clemenage 63.34 lbs  
5th Team 43- David deLeeuw 62.05 lbs

6th Team 76- Brian Rankin 62.30 lbs  
7th Team 77- Al Peterson 60.45 lbs  
8th Team 20- Jeff Jarzynski 59.04 lbs  
9th Team 12- Robert Van Dette Jr. 59.36 lbs ...  
10th Team 66- Brad Boyko 58.26 lbs



GREG FURMINGER/STAFF PHOTO

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# Summer solstice brings roses to paint garden

**I**f I had to pick a favourite month in the garden, it might be June.

The borders are lush and full of gentle pinks and blues: Johnson's Blue geranium, pink cranesbill, Blue Star anemone, clouds of catmint, violet beard iris, and dreamy old fashioned roses. A rich tapestry of greens including shrubs and trees, ornamental grasses and later-blooming perennials support June's

glorious show.

Just in time for the summer solstice, the longest day of the year, the shrub roses have painted the borders with broad strokes of crimson and pink. Dotted along the border vallant, indented tea roses, such as Pristine and Rainbow Niagara, are ready to strut their stuff. Valiant and independent may be unusual monikers for roses. In this mixed border, roses are left to fend for

themselves, only the most hardy and self-sufficient will survive.

Roses in the front garden read like a history book: John Cabot, John Davis, Martin Frobiisher and Frontenac, hardy shrub roses from the Explorer Series developed by Agriculture Canada in Ottawa, to be hardy to -35°C with little snow cover. Self-sufficient, they are rarely bothered by pests or disease, though my Frontenac rose has tender foliage that succumbs to powdery mildew by midsummer in some years. I just cut the back the diseased canes in early August. By this time, the garden is quite full and the other plants appreciate the extra elbow room. Frontenac will often send up shoots to bloom in the autumn, otherwise, it comes back the following spring. The garden faces south, but is open to strong westerly winds; these hardy roses have returned year after year despite the challenging site. John Cabot rose has handsome red hips for winter interest.

The back border includes a selection of rugosa roses: pink and red Grootendorst, have vicious thorns, redeemed by a very hardy constitution and a nice repeat bloom late in the season. Soft pink Therese Bugnet roses, also in the rugosa clan, grace the back of the vegetable garden. Volunteers from the compost pile, these hardy roses flower profusely in June and then gently until the snow flies, with out so much as a nod from me.

Bracing itself on the arms of an old plum tree, an unnamed soft-pink pillar rose is the star of my June border. This beauty stretches nearly three metres tall, and is loaded with blooms for weeks on end. The flowering slows down during the dog days

## ROSE SHOW

If you love roses, Niagara Falls Horticultural Society's 61st annual rose and flower show is June 19 from 3:30 p.m. to 6:30 p.m. at Niagara Falls Public Library on Victoria Ave.

of summer, but picks up again in the autumn. I purchased this rose on the advice of a knowledgeable rosarian, Carl Paliek of Virgil, before he retired. "Try this rose, it's an old variety, you'll like it."

He was right. A pair of David Austin English Roses held court in the back border. I love their old fashioned charm, rich perfume and easy care habit — Heritage and Eglantine are perfectly content to grace the back of the border offering colour and delicate form in June and beyond.

Last summer I added Crown Princess Margareta, with lush apricot coloured roses made up of 120 petals and a strong fruity, Tea Rose fragrance. When mature, this rose will reach 1.5 metres and have an arching form, clusters of large flowers are characteristic. It is reported to thrive under tough conditions. It survived a very harsh winter this year, so Crown Princess Margareta is off to a good start.

Lately, I've been flipping through the David Austin *Handbook of Roses 2014* ([www.davidaustrinroses.com](http://www.davidaustrinroses.com)) and dreaming of adding more English style roses to the border. With names like Heathcliff, Bishop's Castle, and Jelskaff, I could design a romantic garden with a literary theme. But I'm reading beyond the clever names, look

ing for roses that are not only old-fashioned and beautiful, but repeat bloom, are very hardy, fragrant and possibly thornless. Too much to ask?

Tranquillity is a 2014 introduction, an English Musk Hybrid with a beautiful rounded shape and neatly placed petals making a perfect rose tree. The delicate yellow flowers turn pure white as they open and have a light apple fragrance. With excellent vigour and health, Tranquillity is almost thornless, to boot.

Gertrude Jekyll is a repeat flowering Old Rose Hybrid with deep glowing pink large, rosette flowers. The growth is upright, vigorous and very reliable, with good winter hardiness. This is one of the most strongly scented varieties, voted Britain's favourite rose in 2011.

James Galway (Leader Group) is a repeat flowering warm pink with some 130 petals. It forms a large, strong, near-thornless shrub that works well at the back of a border, it would be ideal as a climber. Delicious old rose fragrance.

Royal Jubilee (English Alba Hybrid) is named in honour of the Diamond Jubilee of Queen Elizabeth II in 2012. Beautiful, choice shaped flowers, curved inward so that the stamens are barely visible. Deep pink colour, and growth typical of the Albas with thin, wiry stems that hold the flowers above the foliage. Very few thorns, a rich fruity fragrance, excellent health and vigour, along with repeat flowering are among its qualities.

Theresa Forte is a local garden writer, photographer and speaker. Reach her by calling 905-351-7540 or by e-mail at [theresa\\_forte@sympatico.ca](mailto:theresa_forte@sympatico.ca).




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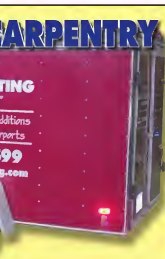
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## PROFILE

### What's hot in mattress trends these days?

Everything cool, according to Mike Mulholland, owner of Bestway Bedding.

The St. Catharines businessman has kept pace with the latest trends for more than two decades while operating a custom mattress manufacturing business and showroom on Scott Street in St. Catharines.

"Memory foam came out about 10 years ago, but it was retaining too much heat, so newer styles are gel-infused in a bead or liquid form, and that reduces the heat from the body," Mulholland explains.

As a second-generation mattress maker, he knows the importance

of creating custom comfort for every customer. In the modern world, we all deserve the best sleep possible to face every fast-paced, stress-filled day.

Bestway delivers, by having the ability to manufacture each mattress to suit a variety of body shapes, sizes and support needs.

Consider two people, each weighing 200 pounds, but one at a height of 5-foot-5 and the other at 6-foot-5. The way they carry their body weight will differ, and so will their support needs in a mattress.

Couples can face a similar dilemma, he notes, but again, by meeting with the customer in the showroom, discussing their wants and needs, Bestway's staff are then able to create the mattress that will suit the client.

And unlike other stores, if the mattress needs adjusting, Bestway will pick it up, make the necessary adjustments, and deliver it back to the customer, all in the same day and with no extra charge. The same guarantee also applies if the customer takes a few days to sleep on it.

Bestway has also adopted a greener approach to mattress making in the past few years, offering natural product components and options, such as organic cotton and bamboo pulp, as well as natural-sourced latex rubber. The bamboo pulp is another way of producing that cooling sensation, Mulholland notes.

"Stop all ground and then come and see us to compare. We like to have an educated consumer who will see the quality we offer with a

direct buy from the manufacturer."

Bestway Bedding originally located in Niagara 23 years ago in part because of the amount of commercial work from area retirement homes and hotels and resorts in the region's tourist centres.

Over the years the company has supported many community causes, including sports teams and the Brain Injury Association of Niagara. The company has also produced a pink mattress in October to raise awareness and funds for breast cancer research.

For more information, go online to [www.bestwaybedding.com](http://www.bestwaybedding.com), phone 905-685-6333, or email [info@bestwaybedding.com](mailto:info@bestwaybedding.com), and then visit the showroom at 50 Scott St. West.



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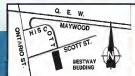
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## WINNING

# St. Catharines woman two times lucky

**BILL SAWCHUK**  
QMI Agency Niagara

Some people wait their whole lives to win something in a draw or lottery.

Wanda Beynon of St. Catharines won twice in a

month.

First it was a the LCBO/Mother's Against Drunk Driving Speak Up & Win contest. That netted her to use of a new 2014 Kia Rondo for a year. She picked the car up May 25.

On Father's Day, Wanda and

her retired husband, Gary, received a call from Hospice Niagara informing her that she had won a Harley-Davidson Sportster 833 motorcycle. "The ticket was in my name, but he claimed the bike," she said with a laugh. "Gary very quickly got

his phone out and Googled to see what the bike looked like. He doesn't ride, but he has already picked up the motorcycle handbook. He did a little bit of riding back in high school in the early 1970s.

"I'm definitely enjoying the Kia. He can ride the motorcycle."

Beynon bought only one ticket in each draw and that was enough to win. The lucky streak is, however, putting some pressure on the longtime Niagara resident.

"I buy the lottery tickets for my family, and they are asking how I can win two vehicles in a month but can't win us anything on the 6-49 numbers," she said. "If we are in a grocery store and there is a box set up, or some place where you can fill a ballot and you have a chance to win something, I am one of those people who have to fill in the ballot. I'm always willing to try my luck."

bill.sawchuk@sunmedia.ca  
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BOB TYMCZYK/STAFF PHOTO

Wanda Beynon is the winner of two draws in one month.

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# IN BRIEF

## That 60s Show at Fonthill bandshell

It's time for a nostalgic trip back to the days of peace, love, war, protest, hippies, flower power, sex, drugs and rock and roll.

This Thursday's featured performance at the Fonthill bandshell is by That 60s Show, a new musical production that salutes the most

influential decade of our time.

With an 11 piece band featuring six-time Juno nominee Mladen Alexander (Triumph, Tom Cochrane), top five Canadian Idol finalist Mookie Morrison, Latin pop sensation Viviana Castell, a

horn section, and two sexy go-go dancers, the show jumps off the stage and thrills audiences with its dynamic high energy performance, a news release says.

That 60s Show features the biggest hits of the 1960s.

The free bandshell concerts — donations are accepted — run throughout the summer on Thursday from 7 p.m. to 9 p.m. in Pelham's Peace Park. For more information, visit [www.fonthillbandshell.com](http://www.fonthillbandshell.com).



**AARON BOGGIO**  
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*Pharmacists*

**SUNSCREEN**



**LARRY BOGGIO**  
R.Ph. B.Sc. Pharm (owner)

Sometimes the sunscreen aisle can be difficult to navigate. However, it is important to understand what you are buying. There were around 60,000 new cases of melanoma (an increase of 2.5% per year in the past decade) and around 8,000 deaths from melanoma in the U.S. in 2006.

SPF is often misunderstood. SPF applies only to UVB rays. SPF is a number that estimates how long a person can stay in the sun without an obvious sunburn. If a person would burn in 10 minutes with no protection, then an SPF of 15 will protect fifteen times longer or for 150 minutes, and SPF of 30 would protect thirty times longer or 300 minutes.

UVA protection is the other side of the story. UVA rays cause skin aging and skin cancer but not a visible sunburn. As of yet there is no rating for UVA protection. In order to get UVA protection you need to read the label. Look for sunscreens labeled broad-spectrum. Or, look for ingredients that are UVA blockers such as Mexoryl SX, avobenzone, zinc oxide, or titanium.

Sometimes patients complain of sensitivity or rash from their sunscreen. These patients should look for a sunscreen blocker with either zinc oxide or titanium dioxide. It is the other ingredients in sunscreens which can cause the irritation.

Even if a product is listed as water resistant it still needs to be reapplied after swimming or heavy sweating. It may only be effective for up to 40 minutes in water.

Sunscreen needs to be applied 20 minutes before exposure and reapplied every 2 hours. About one ounce is needed to cover the full body.

Don't stop sunscreen! Buy repellent combo products. Sunscreen should be applied before insect repellent. Insect repellent doesn't need to be reapplied as frequently as sunscreen and applying them at the same time may increase the absorption of DEET.

UVA rays can increase a patient's sensitivity to certain medications and cause photosensitivity reactions. A broad-spectrum sunscreen will help protect against this, however it may be best to avoid too much sun exposure if you are taking any of the following classes of medications. These include: NSAIDs, certain antibiotics, anticoagulants, antidepressants, diuretics, and oral contraceptives. If you're not sure and you are starting a new medication ask your pharmacist if there is any problem with sun exposure.

Tanning booths are not necessarily a safe way to tan either. Never tanning devices expose a person to mostly UVA rays. Although UVA doesn't cause burning it can cause melanoma, the most deadly form of skin cancer. If you are concerned about your health and safety it is probably best to avoid them.

If you do get a sunburn it is best to apply cool compresses and a good moisturizer. If you put the lotion in the fridge it will have an added cooling effect. Avoid gels and ointments as they can hold the heat in and make your burn feel worse.

Don't forget simple strategies such as wearing a hat and sunglasses, and you will be able to enjoy the outdoors safely all summer long.

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Product of U.S.A.

**\$3.88**

EA.  
11lb Avg.



**SWEET CHERRIES**  
Product of U.S.A.  
No. 1 Grade

**\$1.88**

LB.  
\$4.14/KG

**Brent & Jenny's** | 53 West Side Rd.  
**NoFrills** | Port Colborne

## JUNE 26

### TRAFFIC CONTROL

workshop at Employment Solutions, 3 East Main St., Welland, 9 a.m. to 11 a.m. Call 905-788-3751 or e-mail reception@employment-solutions.org.

### LEGO

at Wainfleet Township Public Library, 6 p.m. to 7:30 p.m. Children of all ages can drop in to build a Lego or Duplo creation. Do not bring your own Lego.

## JUNE 30

### EVENING BOOK CLUB

meets at 6:30 p.m. in the meeting room of Wainfleet Township Public Library. This month's selection is Extremely Loud and Incredibly Close, by Jonathan Foer. To obtain a copy of the book, register as a club member in person or by calling 905-899-1277.

## JULY 3

### CONCERT IN THE PARK

Port Colborne Concert Band begins its summer concert series with a performance at the H.H. Knoll Lakeside Park bandshell, under the direction of Brenda Fairchild Green. The concert runs

7:30 p.m. to dark. Bring a lawn chair.

## JULY 4

### SUMMER BOOK SALE

at Dunnville Public Library, 317 Chestnut St., runs to Aug. 23 during regular library hours. On opening day, 10,000 items for sale, including books, magazines, DVDs, VHS tapes, CDs and more. New inventory added weekly. Donations accepted. All proceeds benefit Dunnville Public Library.

## JULY 5

### TRUNK SALE

and bake sale at Morgan's Point United Church, 11430 Lakeshore Rd., Wainfleet, 8 a.m. to noon.

### NO. 6 RCAF OPEN HOUSE

10 a.m. to 4 p.m. at the Dunnville Airport hangar, 1,536 Pt. Marland Rd., featuring historical displays, vintage aircraft, museum tours, crafters, Dunnville Cruisers Car Club and antique car flea market. Food available 11 a.m. to 2 p.m. Music by On the Wagon 3 p.m. to 5 p.m. Chicken barbecue from 4 p.m. to 6 p.m. — call 905-774-4799 for tickets (take out available).

More on next page

## CREATING BEAUTIFUL SMILES IN THE NIAGARA REGION



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# IMPORT NEWS DATEBOOK

**JULY 9**
**BLOOD DONOR CLINIC**

in the Port Colborne High School gym. Book your appointment at [www.blood.ca](http://www.blood.ca) or call 1-888-2-DONATE.

**ONGOING**
**POINT ABINO LIGHTHOUSE**

Guided tours are offered the second and fourth Saturday of the month, 10 a.m. to 3 p.m. Departure from 1036 Point Abino Rd., S. Ridgeway, next to the Bertie Boating Club. Reservations recommended. Cost \$5. Further info at [www.palps.ca](http://www.palps.ca).

**TAKE OFF POUNDS SENSIBLY**

TOPPS has meetings available in Welland on Monday or Wednesday evenings and in Port Colborne Tuesday evenings or Wednesday mornings. Come join us and learn how to live a healthier lifestyle. Call 904-734-4823 or e-mail [ac.sharon@hotmail.com](mailto:ac.sharon@hotmail.com).

**INFERTILITY SUPPORT GROUP**

Niagara meetings are held

the first Wednesday of each month at 6:30 p.m. for anyone experiencing primary infertility. Call or text 289-921-4606 or e-mail [infertilityniagara@hotmail.com](mailto:infertilityniagara@hotmail.com) for location or more information.

**FIBROMYALGIA MEETING**

Every second Tuesday through June at Rapelle Lodge, Plymouth Rd., Welland. More info, Vicki 905-384-2294. Support, understanding and open discussions.

**MAKERS' MARKET**

vendors wanted. The Guild Hall Makers' Market, 72 Charlotte St., Port Colborne runs Fridays 8 a.m. to 12:30 p.m. To inquire call Mary at 905-835-0394 or the church office at 905-834-3184.

**E-READERS**

and Chromebooks are available for loan at Port Colborne Public Library. Drop by the library for more information.

**EASTSIDE VILLAGE BINGO**

The Golden Age Club hosts Eastside Village Bingo every Friday at 184 Mitchell St. in Port Colborne. Doors

open at 6:30 p.m., game starts 7 p.m. sharp. The jackpot starts at \$500. For more information call 905-834-0683.

**ROSE CITY TOASTMASTERS**

meets Thursdays, 7 p.m. to 9 p.m. in the Lower Community Room of Welland Arena, 501 King St. We focus on improving communication skills in a friendly, supportive atmosphere. Your first three meetings are free. Call 289-696-3157 or visit [welland.toastmastersclubs.org](http://welland.toastmastersclubs.org).

**A CAPPELLA NIAGARA**

Men's Chorus invites singers for fun, fellowship and fabulous four-part harmony at Welland Community Wellness Complex, 145 Lincoln St., Tuesdays, 6:30 p.m. For information call Kerry at 289-820-6584.

**NIAGARA REGIONAL LITERACY**

Council assists adults in improving their reading, writing, grammar, math, spelling and computer skills and provides GED preparation and readiness for work programs. Our literacy and essential skills programs are free of charge and can be done through one-on-one tutoring or

small group classes. Located at 3 Great Western St., attached to the St. Catharines Via train station. Call Pat at 905-687-6299 for more information.

**ALZHEIMER SOCIETY**

of Niagara Region support groups for care partners meet the first Tuesday of the month, 1:30 p.m. to 3 p.m. at Welland Community Wellness Complex, and second Wednesday of the month, same time, at Foyer Richelieu. For information, call 905-687-3914.

**STITCH IT!**

at Port Colborne Library on Mondays 6 p.m. to 8 p.m. Do you sew, crochet, quilt, knit or more? Bring your work-in-progress for a couple of hours of stitching and conversation. Cost is \$1 per week. Call the library at 905-834-6512 for more information.

**CRAFTY CORNER**

runs at Wanfleit Township Public Library 6:30 p.m. to 8 p.m. the first and last Thursday of the month. Have you always wanted to finish your baby books, do some scrapbooking or just try out a craft

that you have never found time for? Take some time for yourself, come out to the library and bring the crafting project you are working on, make new friends and share your ideas.

**DOCUMENTARY SERIES**

To commemorate the 100th anniversary of the First World War, Port Colborne Public Library will present a monthly documentary film during the entire year of 2014. The documentaries will be shown on the second Wednesday of each month at 1:30 p.m. At several sessions, speakers will be available to talk about the Great War. For more information, contact the library at 905-834-6512.

**VOLUNTEER DRIVERS**

needed by Community Support Services of Niagara. Call Laura Dumas at 905-788-3181 ext. 27 or e-mail [ldumas@cssn.ca](mailto:ldumas@cssn.ca)

**FILMS FOR SENIORS**

presented the first Monday of the month at Port Colborne Public Library, 1:30 p.m. Free admission, free refreshments.

## Happy Anniversary

30 YEARS

**B** BOGGIO  
Family of Pharmacists

**Boggio Pharmacy**

June 23<sup>rd</sup> - 30<sup>th</sup> 2014

200 Catherine St., Port Colborne

905-834-3514

Enter for a chance to win one of our great prizes



iPad (with \$30 purchase)  
Amana Gift Basket  
Jamieson Vitamin Gift Basket  
Summer Fun Basket



**Week Long Promotions:**  
**Triple Rewards Points**

**25% Off**  
Scooters  
Lift chairs  
Bath lifts

**30¢**  
Paper Towels 2x  
Lots of 4

**2/3000**  
Toilet Paper  
2x4 & double rolls  
Lots of 4

**Friday:**  
**BBQ & Sidewalk Sale**

Proceeds to Port Cares

Some restrictions apply. See store for details. \*Excludes any pre-cut items and national advertising products. While quantities last. Tax rebate reserves the right to end promotion.





# Classified

inportnews.ca/classifieds

Phone: 1-866-541-6757

Fax: 1-866-485-8461

Email: inportnews.classifieds@sunmedia.ca

<b>General Help Wanted</b>	<b>General Help Wanted</b>	<b>General Help Wanted</b>	<b>General Help Wanted</b>	<b>General Help Wanted</b>	<b>General Help Wanted</b>	<b>Renovations</b>	
<b>PORT COLBORNE AREA CARRIER ROUTES AVAILABLE NO COLLECTING!</b> <b>Call 905-732-2414 ext "0" FLYERS ONLY ALSO AVAILABLE</b>			<b>LOOK Locally</b>	<b>LANDSCAPE LEAD-HAND &amp; LABORERS</b> Established landscape construction company looking for full-time staff to assist with installation of brick pavers & retaining walls & general landscape duties. Valid drivers license and a willingness to work long hours must. Competitive pay rates for experienced individuals. email resume: timberline@altn.com	<b>NOW HIRING</b> <b>FLORIST / RETAIL</b> Must have a valid G license. Preference given to applicants with experience. Please send resume to portcolborne@fordtel.com	<b>DEVICES</b> <b>FRUIT FARM</b> Fresh Strawberries Picked Daily, Fresh Vegetables, Apples, Preserves, Eggs, Honey...ETC! 825 Canboro Rd. 1 km West of Fennell. Call 905-892-8724 Closed Sunday	
<b>Miscellaneous</b>			<b>Miscellaneous</b>	<b>Miscellaneous</b>	<b>Miscellaneous</b>	<b>Product/Food</b>	
<b>Miscellaneous</b>			<b>Miscellaneous</b>	<b>Miscellaneous</b>	<b>Miscellaneous</b>	<b>Miscellaneous</b>	



Thursday June 26 to Sunday June 29, 2014

## SUMMER FASHION FABRIC

**Buy 1 meter, GET 2 meters FREE\***

*A huge selection of summer fashion fabric*

*Buy one meter at our regular price and get another two meters free off the same bolt, full meters only. \*Special selection varies by store.*

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**50% OFF** OUR REGULAR PRICE

SPECIAL SELECTION  
**DRAPEY FABRICS**

BUY 1 METER AT OUR REGULAR PRICE

**GET 2 METERS FREE** FROM SAME BOLT

Now Available at all Locations

**Custom Drapery-Easy as 1-2-3!**

1. Measure your window
2. Select your fabric we have thousands of meters to choose from
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We do the rest! See us in store for details

SPECIAL SELECTION  
DISCONTINUED

**COATS YARNS**

**CLEARANCE PRICED**

**HURRY IN FOR BEST SELECTION**

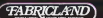
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Call 1-866-735-5748

### KINGS MANOR

on Glen Park Rd. 1 & 2 bdrms apt. Park like setting. Extra storage. 905-734-9595 or 905-714-1350

### PORT COLBORNE

clean, non smoking 2 BDRM upper C/A, F/B, deck. \$675+ utilities. Avail. July 1st. (905)835-1245.

### Building Supplies

STEEL BUILDINGS / METAL BUILDINGS UP TO 50% OFF! 20'x40'x10, 30'x40'x10, 60'x100, 80'x100 sell for balance good. 1-888-457-2206 www.crownsteelbuildings.ca

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### Apartment

### Location!

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735 CLARE AVE.  
Call 1-866-735-5748

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KENS RENOS KR Bath, Rec rm, plumbing, 2nd floor, tile, hardwood, in deck, linoleum, Inter. Repair. Bath room Call Ken at 905-734-0402.

### Product/Food

DEVICES  
FRUIT FARM  
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825 Canboro Rd. 1 km West of Fennell. Call 905-892-8724 Closed Sunday

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### Miscellaneous

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# The Healthy Cupboard

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**Customer  
Appreciation Day**  
July 2nd, 2014

## FIGHT BELLY FAT WITH CLA PLUS & GLUCOSMART

by Lorna Vanderhaeghe

If weight loss were as simple as reducing calories and running the treadmill we would all be thin. But weight loss can be effortless when we adopt a new way of eating and take a couple of Health Canada licensed nutritional supplements that get to the root of the weight problem.

### CLA PLUS Fat that Burns FAT

CLA PLUS contains conjugated linoleic acid (CLA) and green tea extract. CLA is a fat that safely melts fat away. In a 90-day, double-blind, placebo-controlled study published in 2000 in the Journal of Nutrition, CLA users taking 5000mg of CLA per day had an average weight reduction of seven pounds and an increase in lean muscle with NO diet change. CLA

in a dose of 8000mg per day was also given to a group of post menopausal women and they lost weight with no diet change. Just think if they would have eaten a fat burning diet too! **CLA PLUS** also contains green tea extract to super charge weight loss and rev up fat burning by enhancing metabolism.

### Belly Fat Busting GLUCOsmart

Belly fat is a stubborn problem. No end of sit-ups and crunches make it disappear. We know that insulin is implicated in belly fat weight gain in both men and women. Elevated insulin promotes weight gain, diabetes and excess belly fat. Skin tags are an early sign of pre-diabetes. Thankfully, busting belly fat and normalizing insulin just got easier. The nutrient ChiroSitol (pronounced "kur-au-sitol"), found in **GLUCOsmart** researched in over 30 studies at the Virginia Medical School, works to keep blood sugar in the healthy range. **GLUCOsmart** halts sugar cravings. But where **GLUCOsmart** really shines is in fighting belly fat in both men and women. Combine **CLA PLUS** along with **GLUCOsmart** and drink **SLIM-T** containing Garcinia and weight loss will be effortless.



When you purchase Glucosmart you will receive my book **A Smart Women's Guide to Weight Loss FREE** (a \$24.95 value).  
[www.hormonehelp.com](http://www.hormonehelp.com)

**Glucosmart**  
**Belly Fat**  
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**Tanya &  
Ian Birrell**  
Owners of  
The Healthy Cupboard

### TWO LOCATIONS!

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111 #20 EAST  
(across from Sobey's)

**PORT COLBORNE**  
101 CLARENCE STREET  
(across from Food Basics)

**905.892.9054 905.835.9806**